

## Mobile Application User Guide

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#### Sign Up



Once installed, open the app by tapping its icon on your home screen.

On the app's welcome screen, click "Sign Up" on the bottom right.



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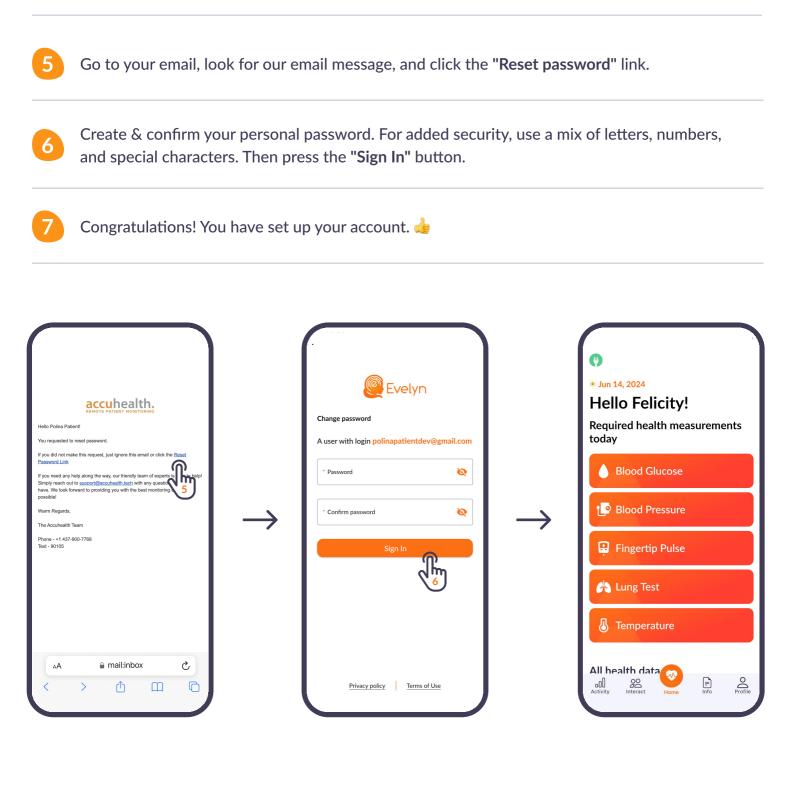
Fill Out the Registration Form:

- Phone number
- Email
- Personal information
- Referral information

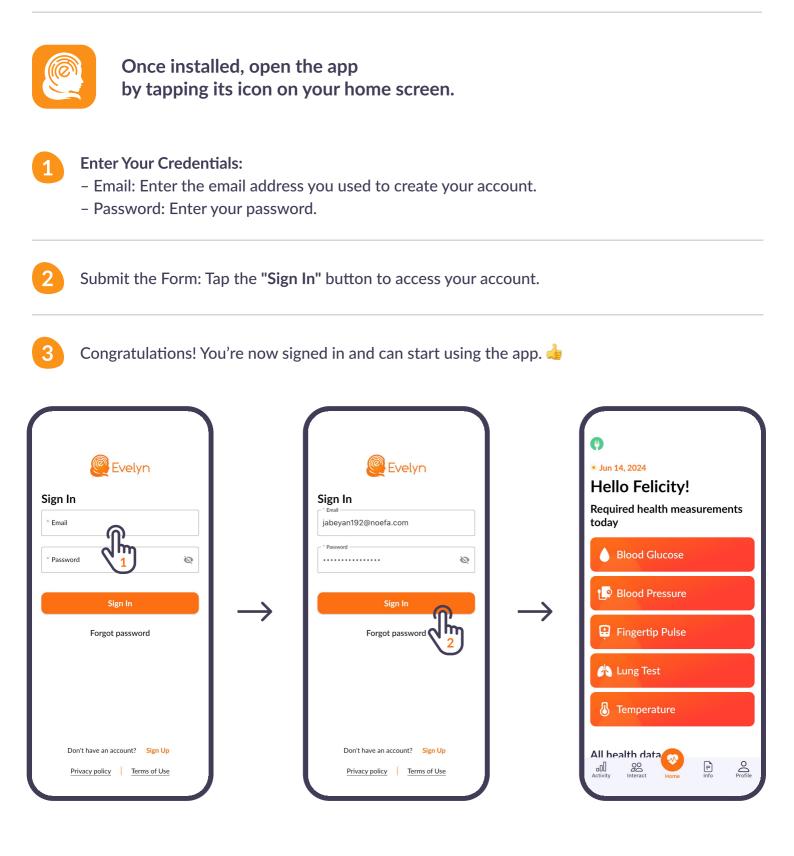
Close the application. You can expect a reset password message at the email you provided during registration.

Evelyn	Evelyn	Evelyn
Sign In	Sign Up	
Email Password Sign In Forgot password	Source of your clinic Name of your clinic All Care Family Medicine	
	* Were you referred to Accuhealth by your Doctor? Yes INO Back Create	Your request has been sent and is being reviewed by support. You will be contacted shortly.
Don't have an account? Sign Up Privacy policy   Terms of Us	Already have an account? Sign In	Close the application

#### Sign Up



### Sign In



#### If you've forgotten your password:

- To be sure your password is correct, press on the eye icon inside the password field.
- Look for a "Forgot Password" button.
- Follow the instructions to reset your password after receiving the reset link via email.

#### Home – Device Instructions

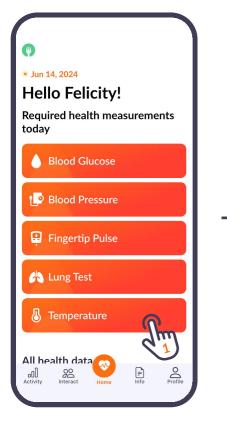


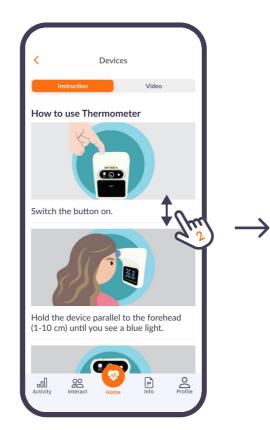
These steps should help you locate and open the device usage instructions.

On the main screen, click on the necessary measurement, and it will open device usage instructions.

You should be able to view the instructions manual directly within the app.

To see a real example of using the selected device, switch to the video tab & press play.







#### Home – All Health Data

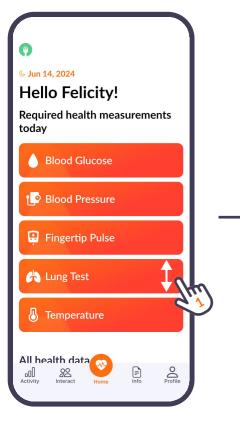


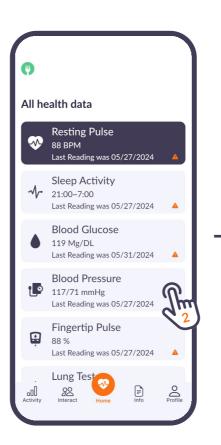
These steps should help you locate and open the history of vital signs from any of your devices.

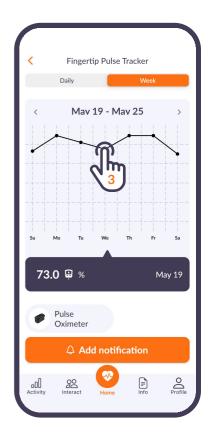
On the main screen, scroll down to the "All Health Data" section.

Select the necessary health data option & open the graph with your readings.

You should be able to view your readings history at different time intervals. To check specific readings press "**Point**" on the graph.









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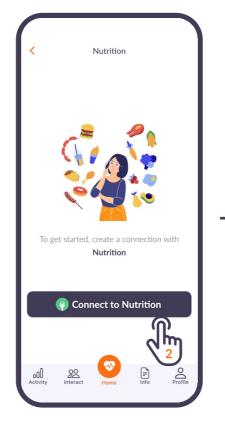
These steps should help you locate and connect to your nutrition account for access to meal plans and recipes.

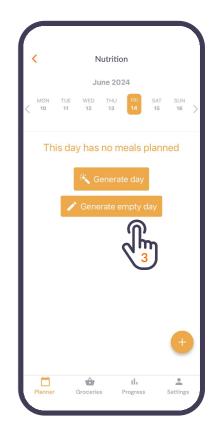
On the main screen, find & press the green spoon icon on the top left. It will open the nutrition account page.

Click on "Connect to Nutrition" to launch the connection process.

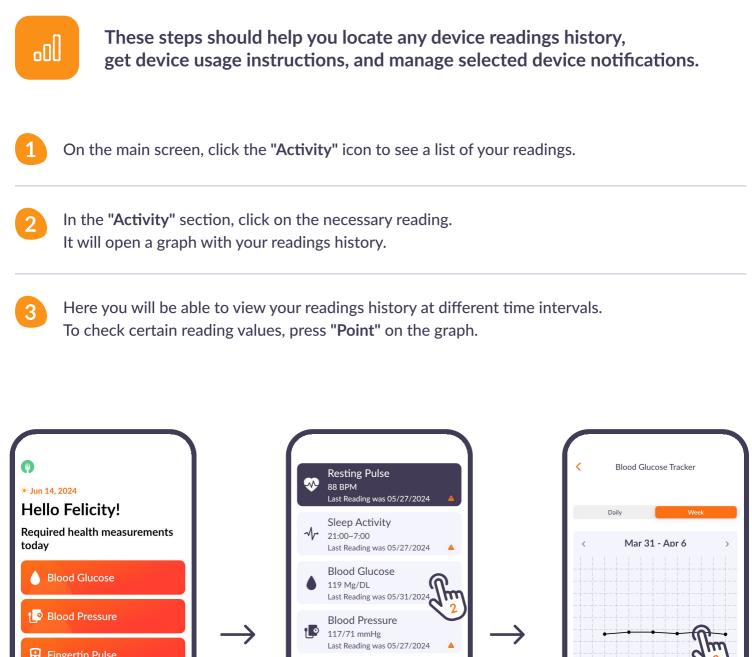
Now you should be able to generate different meal plans.

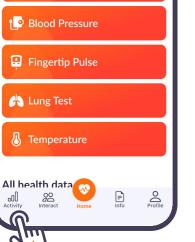


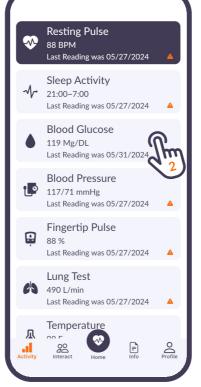


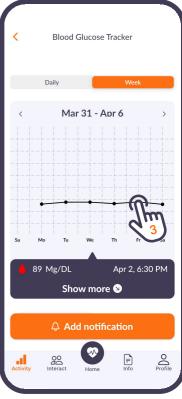


#### **Activity Section**







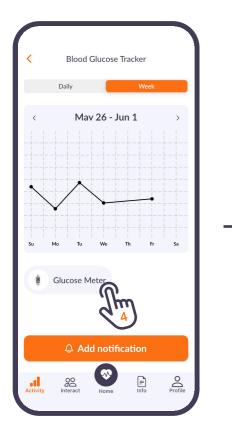


#### **Activity Section**

To get device usage instructions, click the device name below the readings graph.

You should be able to view usage instructions of the selected device.

6 To see a real example of using the selected device, switch to the video tab & press play.







#### **Activity Section**

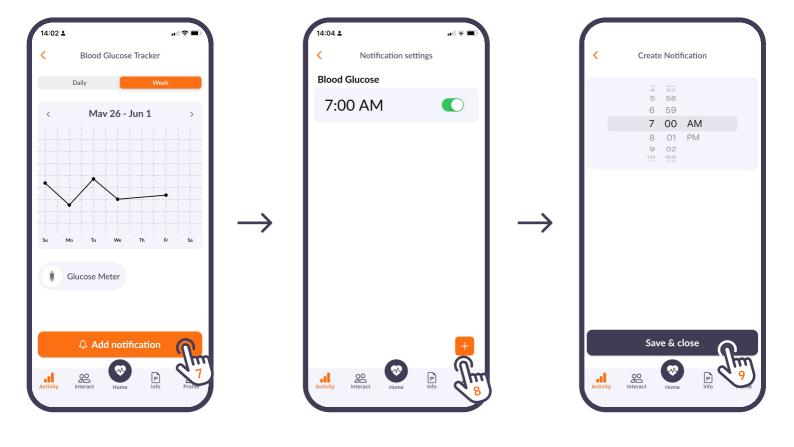


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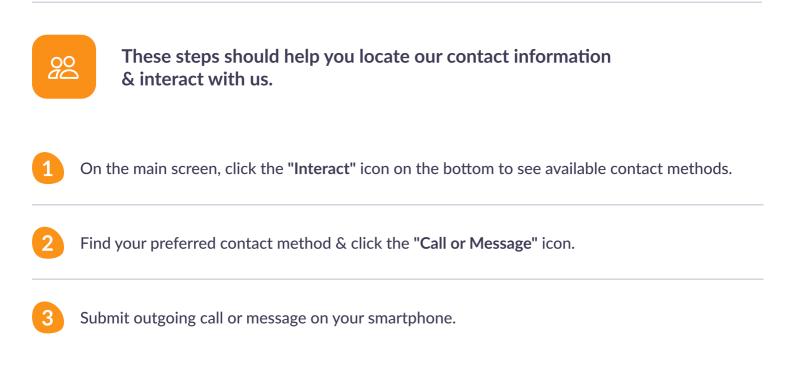
To create a new device notification, click the **"Add notification**" button to open notification settings.

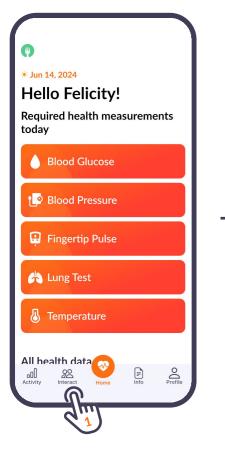
To edit certain notifications, click "**Time title**" to make the update. If you need to create a new one, click on the orange "plus" button on the bottom right.

You should be able to set up a notification time for your selected device. Then click "Save & close."

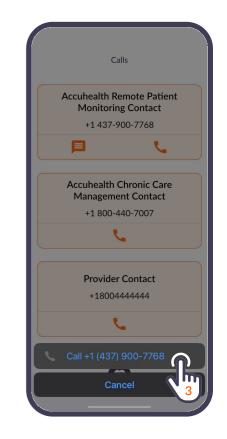


#### **Interact Section**









#### **Info Section**

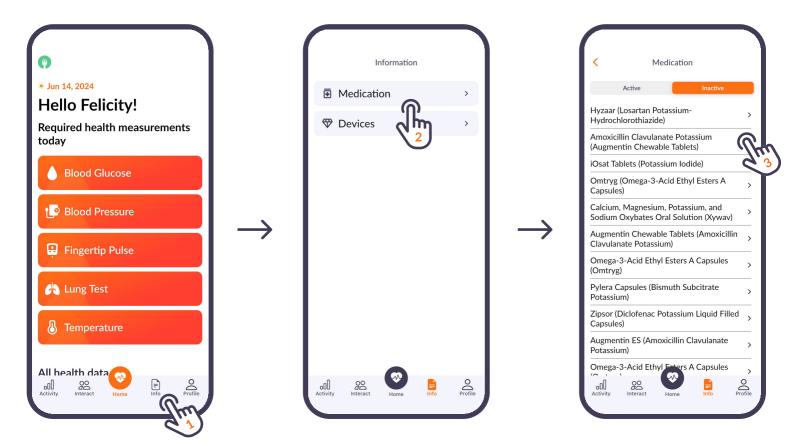


These steps should help locate your personal medications schedule & device user manuals.

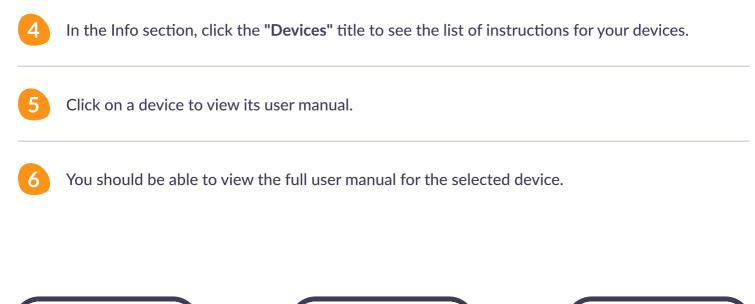
On the main screen, click the **"Info"** icon at the bottom to see medication & device information.

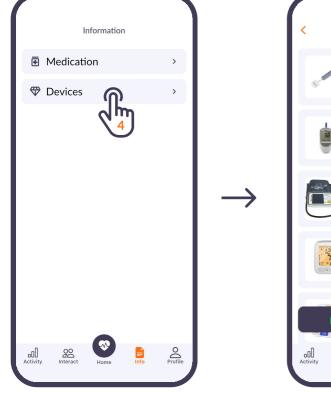
In the Info section, click the "Medication" title to see your personal medications list.

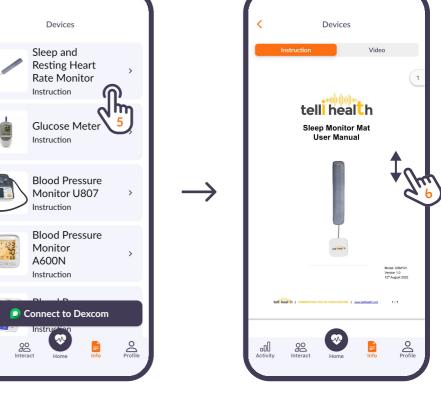
- Click on a specific medication to view:
- Medication dosage
- Frequency of usage
- Admission period
- Assigned doctor notes



#### **Info Section**







#### **Profile Section**

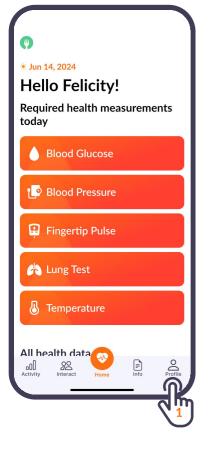


These steps should help set up notifications of all devices & Privacy Policy documentation.

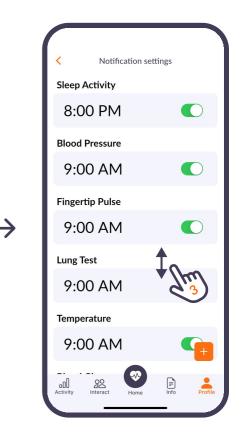
On the main screen click the "**Profile**" icon on the bottom right to see your personal profile settings.

In the profile section, click **"General settings"** to see the schedule of device notifications.

You should be able to view a list of all the notifications on your devices.



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#### **Profile Section**

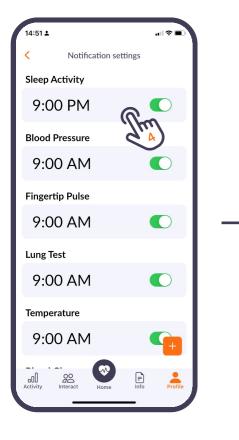
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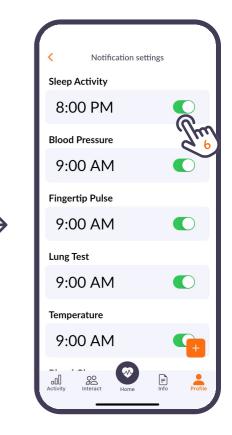
To edit certain notifications, click on its "**Time title**" to update it. If you need to create a new notification, click the orange "**plus**" button on the bottom right.

You should be able to change the notification time, or delete it.

6 By toggling, you can disable or enable a notification temporary.







#### **Profile Section**

In the Profile section, click "**Privacy Policy**" to open and view privacy documentation.

8 You should be able to view Accuhealth Privacy Policy documentation.

